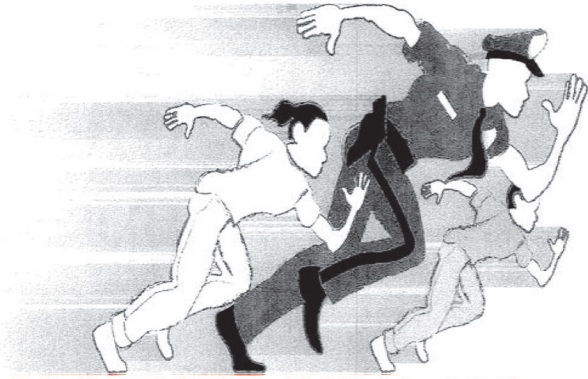


RUN WITH THE COPS



NOT FROM THEM

BELLE ISLE
Saturday, April 24

9:30 AM: 1 Mile Fun Walk/Run

10:00 AM: 5K Walk/ Run-Timed Event!

Kids 12 and under-\$20

Adults-\$25



Queen for a Day[®] Heroes

Celebrating the courage of children with cancer.

Participants receive a T-shirt and water/snacks after the race

Awards: 5K-Awards to top five males and top five females; Awards to all one mile participants

Queen for a Day/Heroes provides quality of life services to children with cancer and other life threatening illnesses in the metro Detroit area.

Last year they provided parties for over **400 children!** All proceeds will be used to help these patients feel like kids!!!!!!

Pre-registration by mail or online is available through www.signmeup.com/68285 and can be linked by visiting: www.everalracemgt.com or www.runmichigan.com

Registrations received after April 16 are \$30. Registrations will be accepted through race day. *SHIRTS ARE NOT GUARANTEED FOR LATE REGISTRATIONS*

Sponsorship Opportunity:
Sponsor a mile for \$100

Includes name of business on run route and on detroitqfad.com for a year!

Mail Entry To: QFAD/Heroes, 24816 Star Valley, St. Clair Shores, MI, 48080

Make checks payable to: QFAD/Heroes

Name: _____

Date of Birth: _____ Age: _____

Address _____ F _____ M _____

City/State/Zip _____

Shirt: S _____ M _____ L _____ XL _____ XXL _____ XXXL _____

Phone: _____ Email: _____

Please accept my entry for the "Run With the Cops, not From Them". I hereby release and discharge the "Run with the Cops, not From Them" officials, sponsors, volunteers, the City of Detroit, and Wayne County from damages or injuries. I hereby certify that I have read all terms and conditions of this release and do intend to be legally bound thereby.